

THE THOUGHT OF "DAN CUONG - QUOC THINH" OF PRESIDENT HO CHI MINH WITH THE DEVELOPMENT OF THE MASS SPORT MOVEMENT IN DIEN BIEN PROVINCE - VIETNAM TODAY

Dr. Nguyen Thi Thu and Le Thi Thu Huong
University of Labor and Society Affairs, Vietnam

<https://doi.org/10.54922/IJEHSS.2023.0613>

ABSTRACT

During his lifetime, President Ho Chi Minh always paid special attention to comprehensive health care for the people. With the desire to "every healthy people, that is, contribute to the whole country", he has called on all the people to depend on the conditions, circumstances, labor, work, study, research, degree Age, gender, physical state that each person chooses the appropriate form, content and sport; To exercise, because only health can "serve the Fatherland, serve the people". Implementing Uncle Ho's wishes, in recent years, the mass sport movement has developed strongly throughout the provinces and cities in general and in Dien Bien in particular, contributing to "a strong nation is one. healthy people".

Keywords: Thought "Dan Cuong - Quoc Think"; Develop; Movement; Sports; The Masses, Dien Bien - Vietnam.

1. INTRODUCTION

Over the past few years, in response to the campaign "All people train their body in the example of the great Uncle Ho", the movement of gymnastics and sports is increasingly strong and widespread in Dien Bien province. Thereby, attracting a large number of people to actively practice, contributing to improving the health and spiritual life of the people in the province, contributing to promoting the comprehensive development in all aspects of life. Live economically and socially. On that basis, the authors offer solutions to develop the mass sports movement in Dien Bien Province - Vietnam in the near future.

2. OVERVIEW OF THE RESEARCH SITUATION

Towards the celebration of the 77th anniversary of President Ho Chi Minh reading the "Declaration of Independence" to give birth to the Democratic Republic of Vietnam (September 2, 1945), the President of President Ho Chi Minh in the government Chairman, Sports and Tourism Publishing House, Institute of Educational Sciences and Wall, Trade Promotion Center and National Number of Number of Investment Corporation Conversion and Development Group Co., Ltd. Global technology coordinates to publish special books: "President Ho Chi Minh with sports". The book contains many historical data published for the first time, helping the propaganda, dissemination, education and learning about President Ho Chi Minh's ideology, example, morality in the training Sports, health training, development of race, building a prosperous life, for the happiness of the people, for the cause of building and defending the Fatherland. The book is a valuable document for all branches, levels, classes of cadres, soldiers and masses to study and refer to, together to perform the "duty of a patriot" regularly participating in the exercise. Practice sports in the example of Uncle Ho to improve and keep your health. In particular, in this day and age,

machinery and science have gradually replaced manual and manual activities, people have less and less have the opportunity to train body, children often love technology games, phones, Computer than physical training activities. Therefore, promoting learning and practicing your example is more important than ever.

Each healthy citizen will create the strength of the whole nation, thereby contributing to Vietnam "people" "Thin" overcoming all challenges and difficulties.

Author Nguyen Chi Ben (2014) has made general assessments on the impact of cultural, sports and tourism activities on the Vietnamese human lifestyle in the period of industrialization, modernization and integration. international. The author has affirmed that among the cultural, sports and tourism activities under the scope of research, in general, the impact of physical training and sports activities, the movement of solidarity to build life. Cultural and cultural activities in the ethnic minority areas are mainly taking place in a positive direction, only some unwanted impacts through which managers and policies need to be greedy. Refer to editing and improving the quality of activities. Tourism activities, religious practice and festive activities have both positive and negative impacts, but the positive area is still dominant. Particularly for the types of entertainment on new media, the negative and positive impacts are active, even for some types, the negative impact overwhelms the positive area (such as the game of online routes and some forms of communication via virtual social networks). These are the issues posed for managers to search for books to increase positive impacts, limit their negative impacts on people's lifestyle.

Author Mai Van Muon (1995) has launched the theoretical and practical basis of the formation and development of national sports in Vietnam with basic contents such as: the situation of restoration and development sports activities in Vietnam in the past time; Initially building theoretical basis for the restoration and development of some ethnic sports in Vietnam; Practical testing of the formation and development of some ethnic sports in our country.

In addition, there are a number of other works studying the development of other mass sports movements but there has not been any research on "Ho Chi Minh's "ideological - ideology" building and developing mass sports movement ”.

3. RESEARCH METHODOLOGY

The author uses combining theoretical research methods, collecting and synthesizing data from scientific works, articles related to research issues published in scientific journals. At the same time, the author studied the development of mass sports movements in Dien Bien Province - Vietnam today with the desire to come up with solutions to contribute to building and developing the physical training and sports movement. The masses in Dien Bien province -Vietnam in the near future.

4. RESEARCH RESULTS

During his lifetime, President Ho Chi Minh was not only the one who initiated the mass sports movement but also a symbol of Vietnam's physical training and sport culture. Ho Chi Minh's physical training and sports spirit has always been a strong orientation and cheering for the country's development. It is an example of physical training and deep concern of people about building and developing the physical training and sports movement of ethnic minorities.

5.1. Ho Chi Minh's "Dan Cuong - Quoc Thin" thought of building and developing the mass sports movement.

Ho Chi Minh's "Cuong Cuong - Quoc Tinh" thought is reflected in his own life, through articles, talks, teaching and practical activities of sports.

Immediately after the August Revolution in 1945, Ho Chi Minh was very interested in improving the health of the people, specifically:

On January 30, 1946, for the first time in the history of the Vietnamese nation since the August Revolution in 1945 as the President - on behalf of the Provisional Government of the Democratic Republic of Vietnam Decree No. 14-SL established the Central Gymnastics (under the Youth Union), and the Ordinance No. 33-SL established the Youth-Gymnastics, the Ministry of Education ... On the same day, the person had an article "Health and fitness" published in the National Salvation Newspaper with the purpose of calling for "all people to exercise". He affirmed that "preserving democracy, building a country, building a new life, everything requires health to be successful ... Each person is healthy, that is, contributing to the whole country" [first]. It can be said that this is the birthmark of the revolutionary physical training and sports industry in the country and is also a very important part of Ho Chi Minh's physical culture - a unified whole because of many very good views. The value of building and developing mass sports movements. Because, in Ho Chi Minh's thought "Dan Cuong - Quoc Tinh", "Sports must become a common activity of the masses. If the people are in good health, all jobs can do it well". Therefore, people recommend that every citizen "want to work well, work and study well, they need health. If you want to stay healthy, you should regularly exercise so" every day you wake up, practice a little exercise. Every day, practicing, blood circulation, full spirit, and health, I hope our people will try to exercise. I practice by myself every day. " [2] And with Ho Chi Minh to practice sports "inexpensive, difficult, boys and young girls, everyone should do and everyone can do" [3]. However, people also note depending on the conditions, circumstances, labor, work, study, research, age, gender, physical state that each person chooses the form, content, subject appropriate practice; Practice the techniques of movement and accurate, regular and consistent methods in training to achieve the results of "Healthy to serve the Fatherland, to serve the people". On this basis, Ho Chi Minh advocates: "We should develop the physical training and sports movement widely" [4], exercise and sports not only bring health to the practitioner but also politically, revolutionary and above all. End is showing the spirit of "patriotism". In addition, Ho Chi Minh particularly attaches great importance to building and developing the physical training and sports movement in general and the physical training and sports movement of ethnic minorities as well as their interest in the work. The external relations of sports, considering that important means to exchange, solidarity and friendship between the Vietnamese nation and other countries in the region and the international community. The views and policies on building and developing the physical training and sports movement of people not only have oriented values but also contribute to the direction of building and developing the sports sports movement in Vietnam in Vietnam. rapidly developing.

It can be seen that, from 1946 up to now, the movements of physical training and sports according to Uncle Ho have been focused on launching, typically the campaign "Health" Duc Ho was organized by Uncle Ho to personally arrived at the stadium on the evening of June 25, 1946; Or the movement "Spring body training" was launched under the Government's Circular No. 092-TTg on March 16, 1957; Or the movement "Gymnastics and hygiene of disease prevention" called "Gymnastics - hygiene" was launched under Resolution 14 June 1960 of the Government Council; There are also other movements such as: "Healthy to protect the Fatherland", "The whole day of the whole delegation" (swimming practice); "Healthy soldier" in the army; "Healthy for national

security" in the police force ... By the beginning of 1970, the Vietnam General Trade Union on the basis of launching the movement "Train the body in the example of Uncle Ho" among officials, civil servants and civil servants. Officials and workers are widely responded to by the enthusiasts of gymnastics. Or in 2000, the sports industry launched the movement "The entire people trained their body in the example of the great Uncle Ho" with the purpose of building and promoting the health training movement that has attracted the attention and attention of tens of millions of people. This movement continues to spread in the trend of increasingly expanded, diverse in form, contributing to improving the cultural and spiritual life of the people even to remote communes and people in the people. ethnic minority. The physical training and sports industry launched this campaign as a deep insight, in order to implement the thought of "Cuong Cuong - Quoc Thinh" of President Ho Chi Minh. This thought is not only a very important motivation to create the position and force of the development trend of the physical training and sports of the country more and more strongly, in the right direction but also contributing to achieving the common goal is health for. everybody.

5.2. The current situation of developing the mass sports movement in Dien Bien Province - Vietnam today

Dien Bien is a mountainous border province in the Northwestern region of the country, with a natural area: 9,541.25 km², with geographical coordinates 20°54' - 22°33' North latitude and 102°10' - 103°36'. Located 504 km west of Hanoi, the East and the Northeast borders Son La province, the North borders Lai Chau province, the Northwest borders Yunnan province (China), the west and the Southwest borders Lao People's Owner. Is the only province with the same border line with two countries Laos and China more than 455 km, of which: The border line adjacent to Laos is 414,712 km; With China is 40, 86 km; There is a road to Northern Laos and Yunnan provinces, with air from Dien Bien Phu to Hanoi and Hai Phong city [5]. Dien Bien is the convergence of 19 ethnic groups (Thai; Mong; Kinh; Dao; Kho Mu; Ha Nhi; Laos; Hoa (Han); resistance; Muong; Xi Mun; Si La; Phu La; Tho; Tay; San Chay and other people). Each ethnic group has its own characteristics of language, customs, culture ... forming a colorful picture for Dien Bien culture [6]. As a mountainous province, people's lives still face many difficulties and administrative units in the area. However, in recent years, Dien Bien province has always focused on developing sports and sports movements in general and the mass sports movement in particular with the desire that everyone is healthy to build. Build a rich and strong homeland. Because, sports are physical activities contributing to the improvement of Vietnam's race. Through physical training and sports, important factors such as robust health, height, weight, anti-disease resistance, longevity ... are maintained and developed. Therefore, in the "socio-economic development strategy" of the Party, the State stated: "Sports and sports contribute to reducing the incidence of disease, improving physical strength, enhancing life expectancy to make the race. More and more better "[7]. Developing the movement of gymnastics and mass sports is to promote training, performances, competitions and voluntary sports among the people in order to improve the physical and mental health for the practitioner. Sports are very important for human health in general. At the same time, the body relaxes, reduces fatigue.

Implementing the Prime Minister's Decision No. 641/QĐ-TTg of April 28, 2011, approving the Project "The overall development of physical and stature of Vietnamese people in the period of 2011-2030"; Decision No. 21/QĐ-UBND dated January 10, 2017 of the Provincial People's Committee approving the Dien Bien Provincial Sports Development Plan for 2016-2025 and

orientations to 2030; Plan No. 1893/KH -UBND dated June 22, 2021 of the Provincial People's Committee on the implementation of the campaign "All people train their body in the example of the great Uncle Ho" in the period of 2021 - 2030. In recent years, in Dien Bien province, the movements of physical training and sports continuously take place vigorously, widely, diverse in form, rich and attractive in content, attracting a large number of officials and the masses. The people in the province participated, from students, students, youth, officials - workers, women, farmers, the elderly, soldiers and soldiers of the armed forces. Responding to the movement, the number of people practicing sports regularly, the number of sports families, and the sports club increased significantly. This also contributes significantly to well performing political tasks, promoting exchanges, meeting the needs of physical training and sports in the community. The number of participants in the provincial physical training and sports rooms is always higher than the previous year with an increase of 1%/year. It is estimated that in the past 03 years, the mass sports movements in the province have been constantly developed. In 2020, in the whole of Dien Bien province, the number of people participating in exercise regularly is 183,479 people (reaching 30%) out of the total population of the whole province; The number of sports households is 23,557 households (reaching 19%) out of the total number of households in the whole province; The number of grassroots sports clubs is 400 clubs; The number of schools fully implemented the internal physical education program is 100%. By 2021, the number of people participating in exercise regularly increased to 193,985 people (reaching 31%) out of the total population of the whole province; The number of sports households is 27,450 households (reaching 20%) out of the total number of households in the whole province; 410 grassroots sports clubs, the number of schools fully implemented the physical education program was maintained. Similar to 2022, the number of people practicing sports regularly in the province has increased to 203,800 people, accounting for 32% of the total population of the whole province; The number of sports households is 29,080 households, accounting for 21% of the total number of households in the whole province; The province has 437 grassroots sports clubs and sports business establishments; the number of soldiers and soldiers checked the standard of physical training above 90%; 100% of high schools fully implement the internal physical education program.

Thereby, it can be seen that exercise and sports have become an indispensable need in the social life of the majority of ethnic minorities here.

In addition to the achieved results, there are also limitations and basic difficulties, such as: the leadership and direction of the Party Committee and the government for the mass sports in some remote areas. The commune is incomplete, lacking in detail and regular. The socialization of mass sports in the province still changes slowly and effectively. Although the mass sports movement has developed well, due to the distance between subjects and areas, especially rural subjects in the highlands, border areas and ethnic minorities, the work Developing mass sports movements is facing many difficulties. In addition, the implementation of the project "Building a system of mass sports institutions from the province to the grassroots level" still has many problems and lack of The training ground and entertainment area at district, commune and village levels. Collaborators, mass sports guides are still lacking and thin. The system of organization of the mass sports industry is not stable, the contingent of officials, facilities and science and technology have not met the requirements. Investment resources for mass sports are limited. The reason is that people's lives in the province still face many difficulties, awareness and understanding of a part of the people in the highlands, ethnic minority areas in the area in terms of benefits and effects on training. Sports practice is limited.

5.3. Solutions to develop the mass sports movement in Dien Bien Province - Vietnam in the coming time

To overcome the above limitations, on the basis of properly and deeply applying the contents of the view that President Ho Chi Minh pointed out, it is necessary to pay attention to the following main solutions:

Firstly, continue to strengthen the leadership and direction of the Party committees and governments for the mass sports work. Concretize the spirit according to the Prime Minister's Decision No. 641/QĐ-TTg of April 28, 2011, approving the overall scheme of developing physical and stature of Vietnamese people in the period of 2011-2030; Decision No. 21/QĐ-UBND dated January 10, 2017 of the Provincial People's Committee approving the Dien Bien Provincial Sports Development Plan for 2016-2025 and orientations to 2030; Plan No. 1893/KH -UBND dated June 22, 2021 of the Provincial People's Committee on the implementation of the campaign "All people train their body in the example of the great Uncle Ho" in the period of 2021 - 2030 in the direction of strengthening the organization capacity. The physical training and sports activities of the family and the community are associated with the organization of cultural and tourism activities to develop traditional and ethnic sports, and guidance on expertise and mobilizing sources. The force for the people to practice sports.

Secondly, enhance information, propagate and improve the knowledge and benefits of physical training and sports. On that basis, it is necessary to renovate the organization and improve the management effectiveness of the State, especially the capacity to implement policies and plans. Promote administrative reform and decentralize physical training and sports. Develop social organizations and expand exchanges and international cooperation on the basis of equality, helping each other to develop the province's physical training and sports career.

Thirdly, strengthening the organization of competitions and exchanges between communes, wards, towns and districts in order to complete the competition system in the direction of simplification, diversification and modernization of mechanical level. The department attracts a large number of people to participate.

Fourthly, improving the quality of mass sports activities associated with the direction of the development of the mass sports movement with the campaign "All people unite to build cultural life at the grassroots level" and Chapter The construction of new rural areas, building advanced Vietnamese culture imbued with national cultural identity. Developing the physical training and sports movement of the elderly, people with disabilities and workers in industrial parks. Preserve and develop national sports and promote national cultural identity in sports activities. Focus on developing sports and sports in the armed forces to meet the requirements of building a regular, elite and modern revolutionary armed forces.

Fifth, fostering physical training and sport capacity for leading cadres, industry experts, teachers, coaches, managers with sufficient qualities and competencies to meet the requirements of physical training and development sport. Struggling to overcome negative phenomena in sports. Repairing and upgrading facilities and equipment at flower gardens and amusement parks enables all people to grow, creating a deep change in awareness of all levels, sectors and the whole society. For physical training and sports.

6. CONCLUSION

Inheriting, applying and promoting the spirit of respect for the people from President Ho Chi Minh, the movement to exercise the mass sports in Dien Bien province has become an indispensable habit in everyday life. . Changing from thinking about forming sports training habits to improve people's health contributes significantly to creating remarkable leaps for the province's mass physical training and sports movement. ; At the same time, contributing to building the economic and social life of Dien Bien province growing sustainably, ensuring social security and national defense and security.

Source of citation

[1], [2], [3] Ho Chi Minh: Complete episode, National Political Publishing House - Truth, H, 2011, T.4, Tr. 241.

[4] Ho Chi Minh: Complete episode, National Political Publishing House - Truth, H, 2011, t.12, tr. 542.

[5], [6] <https://dienbien.gov.vn/portal/Pages/Tong-quan-ve-Dien-Bien.aspx>

[7] The Communist Party of Vietnam, 2001, “The socio -economic development strategy from 2001 to 2010, the National Political Publishing House, Hanoi.

REFERENCES

1. Pham Dinh Nanh (1996), Sports Management Curriculum) for graduate students), Hanoi Sports Publishing House
2. The Communist Party of Vietnam (2001), “The socio -economic development strategy from 2001 to 2010, the National Political Publishing House, Hanoi
3. Department of Culture, Sports and Tourism - People's Committee of Dien Bien Province (2020), reports on sports work in 2020, directions and tasks in 2021.
4. Department of Culture, Sports and Tourism - People's Committee of Dien Bien Province (2021), reporting on sports work in 2021, directions and tasks in 2022
5. Department of Culture, Sports and Tourism - People's Committee of Dien Bien Province (2022), reporting on sports work in 2022, directions and tasks in 2023
6. The Sports Committee (1999), the Project on the content of the steps to implement the policy of socialization of sports and physical training and sports publishers, Hanoi.